

Helping individuals and companies lead bold, rich and fulfilling lives.



Website:

RitaHyland.com

"Rita enthralled the audience from the moment she began her inspiring talk. With incredible warmth and charm Rita challenges her audience to go beyond the busyness of modern living, and fulfill what really matters – the deeper meaning of life that calls us all".

Kim McDonnell - Glen Ellyn, IL

Speaking Topics

Play Full Out: The Secret to Taking Bolder Action & Having a Greater Impact

Raise Your Upper Limit: Upgrade Your Business, Life and Happiness Threshold and Live the Life You Want in the Next 90 Days

“What Next?” Why What Got You Here Won't Get You There and the Seven-Step Formula to Ensure Your Next Half is Your Best Half

Reset: How to Stop Being Busy Doing What Doesn't Work So You Can Overcome Overwhelm, Manage your Life Instead of Your Days, and Be Calm, Centered, and Confident Even in the Midst of Chaos

About Rita Hyland

As a change agent, Rita is known for moving individuals' lives from fine to fabulous within months instead of years.

She helps her clients transition into their ideal career, amplify their leadership skills, increase their income, and enhance important relationships.

Her clients get more than what they want, using a process Rita calls **Playing Full Out™**. It's the practice of deliberately and consistently living one's optimal vision of life and work. Rita's philosophy is that life only gets as good as you can stand it. She helps her clients condition for sustainable success, raise their happiness threshold, and think bigger about who they are and their contribution to the world.